

POOL SCHEDULE

EFFECTIVE MARCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				7-8am MASTERS SWIM Lanes 3, 4	10am-1pm KIDS SWIM LESSONS 11am-2pm FAMILY SWIM	11am-2pm FAMILY SWIM
12:15-1pm ADVANCED SWIM Lanes 2, 3, 4	12:15-1pm ADVANCED SWIM Lanes 2, 3, 4	12:15-1pm ADVANCED SWIM Lanes 2, 3, 4	12:15-1pm ADVANCED SWIM Lanes 2, 3, 4	12:15-1pm ADVANCED SWIM Lanes 2, 3, 4		

5:15-6:15pm
TRI SWIM*
Lanes 2, 3, 4



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* Paid Programming



TORONTO
ATHLETIC CLUB