

# REFORMER SERIES

SPRING 2024 • 13-WEEK SERIES • APRIL 1<sup>ST</sup> TO JUNE 28<sup>TH</sup>

MONDAY

TUESDAY

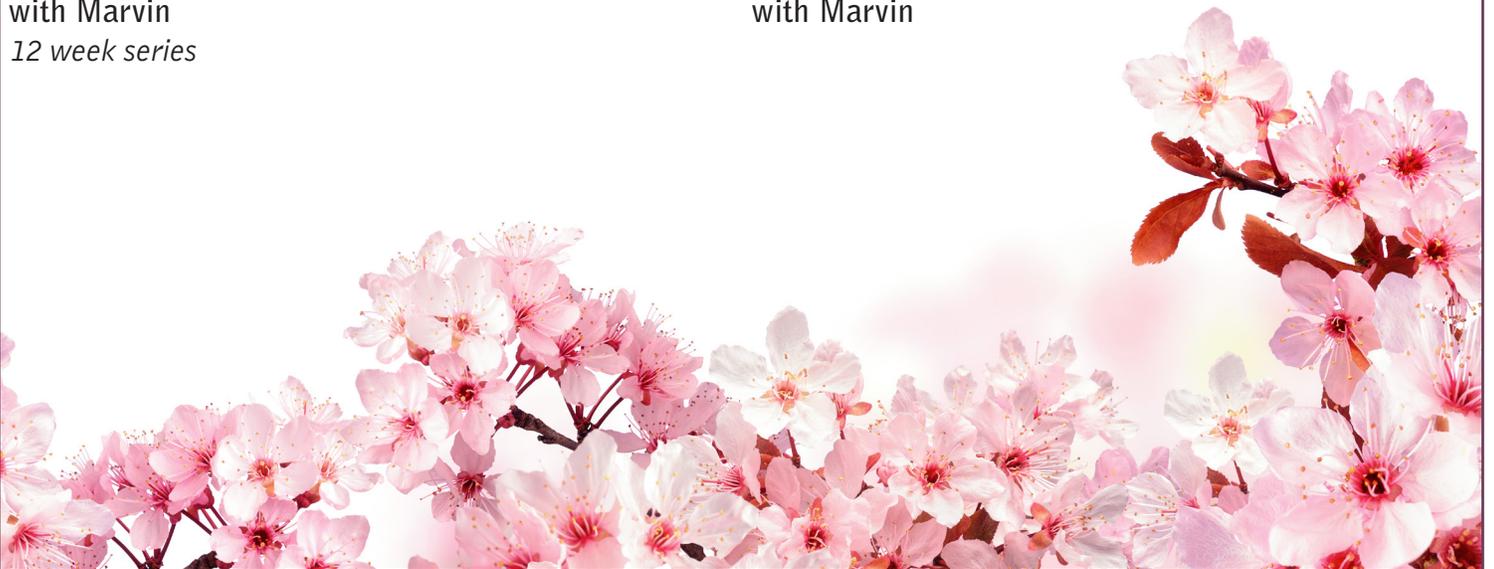
WEDNESDAY

THURSDAY

5:30pm  
REFORMER  
Level 1-2  
with Marvin  
*12 week series*

7am  
REFORMER  
Level 1-2  
with Marvin

6pm  
REFORMER  
Level 1-2  
with Marvin



[stephanie@torontoathleticclub.com](mailto:stephanie@torontoathleticclub.com)

## REFORMER LEVEL 1-2

Continue to hone the Pilates form required to build core strength, stability and mind-body awareness.

\$780<sup>+HST</sup> for 13 weeks

Monday series \$720<sup>+HST</sup> due to Victoria Day stat holiday

Maximum 4 participants • 55 minute classes

Instructors subject to change



TORONTO  
ATHLETIC CLUB